# Toronto Early Childhood and Family Resource System



# Parent Concern, Health Visit, Screening Clinic, Professional Observation

[Nippissing District Developmental Screen, Rourke Baby Record, Communication Checklist, Hearing Vision Test, mCHAT, Ages and Stages SE, Nutristep, Physician Poverty Tool]



**Specialized** Intervention Services

CITYKIDS 416-920-6543 or **Early Abilities 416-338-8255** 

# Social/Emotional/ **Behavioural/Mental Health/ High-Risk Family Services**

**Autism Intervention Services** 

Child Development & **Specialized Clinics** 

Child Mental Health Centres

Child Protection & Parenting Support

Medical & Private Medical Services

**Respite Services** 

Specialized In-Home Infant & Child **Development Services** 

# Motor/Vision/Cognitive/ Self-help Skills

Child Development & Specialized Clinics

**Epilepsy** 

**Feeding Clinics** 

Medical & Private Medical Services

- Occupational Therapists
- Optometrists
- Physicians/Paediatricians/

**Developmental Paediatricians** 

Nurse Specialists

Specialized In-Home Infant & Child **Development Services** 



**Family Health** 

Call **2-1-1** Toronto or visit www.211ontario.ca

## Toronto Public Health 416-338-7600

**Breastfeeding Support** 

**Dental Program** 

Healthy Babies Healthy Children

Infant Hearing Program

Parenting Programs

Hearing/Speech/Language

Bob Rumball Centre for the Deaf

Medical & Private Medical Services

Infant Hearing Program

Early Abilities

**Peer Nutrition Program** 

**Prenatal Nutrition Programs** 

# **Child & Family Support**

Better Beginnings, Better Futures **Programs** 

EarlyON Child and Family Centres **Young Parent Resource Centres** 

# **Early Learning and Care**

Child Care

School

**Every Child** 



# **Family Security & Assistance**

**Call 211** 

Benefits and supports

Domestic Violence Help

**Food Security** 

**Housing & Shelters** 

Income & Child Benefit Programs

Education bonds

Settlement & Immigration **Social Support Programs** 



# **Community Resources**

**Aboriginal Services** 

**Health Centres** 

Francophone Services

Mental Health Services

**Public Libraries** 

**Recreation Programs** 



**Belongs Program** 











# **Specialized Intervention Services**

#### **CITYKIDS** (Citywide)

CITYKIDS is a network of agencies offering single point access, coordinated intake and service delivery to children with special needs and their families. Serves children ages 0-6, and 6-12 attending childcare. | Tel: 416-920-6543 Fax: 416-920-1543 | www.mothercraft.ca

#### **Autism Intervention Services**

#### Geneva Centre for Autism

Clinical Intervention and Training. Tel: 416-322-7877 | www.autism.net

#### Surrey Place Centre

**Toronto Partnership for Autism Services** 

Intensive Behavioural Intervention (IBI) For children with a confirmed diagnosis of Autistic Disorder or fall toward the severe end of the autism spectrum.

Tel: 416-925-5141 x 2289 | www.surreyplace.on.ca

#### **Toronto Autism Applied Behaviour Analysis** (ABA) Services

For children and youth ages 0-18 with a confirmed Autism Spectrum diagnosis including Autism/Autistic disorder, PDD-NOS and Asperger's Disorder.

Tel: 416-925-5141 x 2231 | www.surreyplace.on.ca

#### **Child Development & Specialized Clinics**

Developmental assessments, neurological assessments and/or psychological assessments. Physician referral required. Children must be between the ages of 0 and 6 years of age and must reside within Toronto.

#### Holland Bloorview Kids Rehabilitation Hospital

Interdisciplinary assessments, diagnosis, and referrals to community services. All referrals for child development services are coordinated through the main site Intake. Tel: 416-425-6220 x 3334 Fax: 416-422-7036 www.hollandbloorview.ca

#### Micheal Garron Hospital -Child Development Clinic (South East)

Tel: 416-469-6580 x.2134 | Fax:416-469-6503 www.tegh.on.ca

#### **Regent Park Community Health Centre**

Tel: 416-362-0805 x 228 | Fax: 416-362-5899 www.regentparkchc.org

#### St. Joseph's Health Centre: Paediatric Consult Clinic (South/West)

For child under 3 years 11 months with delays in 2 or more domains with a query of autism Tel: 416-530-6000 x 4449 | Fax: 416-530-6294 www.stioe.on.ca

#### St. Michael's Hospital: Pediatric Ambulatory Clinic (Downtown core)

Tel: 416-864-6060 x 8276 St. Michael's Hospital: FASD Diagnostic

#### Clinic: Pediatric Outpatient Clinic Tel: 416-867-3655 | Fax: 416-867-3736 www.stmichaelshospital.com

The Scarborough Hospital (East) Tel: 416-438-2911 x 6120 | Fax: 416-292-9678 |

# **Children's Mental Health Services**

Assessment and programs for children, youth and their families with social / emotional concerns. Age limit varies, please contact for further details

#### Adventure Place (North)

www.tsh.to

Tel: 416-744-7650 x228 | www.adventureplace.ca

#### Aisling Discoveries Child and Family Centre (East) Tel: 416-321-5464 | www.aislingdiscoveries.on.ca

Centre for Addiction & Mental Health (Citywide) Tel: 416-535-8501 x 4366 | www.camh.net

**Child Development Institute** (South + East York) Tel: 416-603-1827 | www.childdevelop.ca

#### Etobicoke Children's Centre (West)

Confidential and client-focused services. Available 24/7 in more than 150 languages.

Free information and referrals to community, health, social services, and ethno-specific organizations.

Tel: 416-622-8833 x 258 | www.georgehullcentre.on.ca

## Health (North + South) Tel: 416-924-1164 http://www.sickkidscmh.ca/

North York General - Child & Adolescent Team

# Sick Kids Infant Psychiatry Program (Citywide)

Yorktown Child and Family Centre (Northwest) Tel: 416-394-2424

#### What's Up Walk In (citywide)

Free walk in mental health counselling.

#### **Child Protection and Parenting Support**

Investigates allegations of child abuse and neglect. Provides guidance, care, prevention and adoption services.

#### Children's Aid Society of Toronto Tel: 416-924-4646 | www.torontocas.ca

#### lewish Family and Child Service of Toronto Tel: 416-638-7800 | www.jfandcs.com

**Native Child and Family Services of Toronto** Tel: 416-969-8510 | www.nativechild.org

#### **Epilepsy**

**Schools** 

disorder and their families by providing parent support, counseling, education and advocacy. Tel: 416-964-9095 | www.epilepsytoronto.org

#### **Feeding Clinics** (Citywide)

Assesses and manages children who have feeding and swallowing issues.

#### Holland Bloorview Kids Rehabilitation Hospital Tel: 416-424-3835 | www.hollandbloorview.ca

North York General Hospital: feeding Clinic and **Nutrition Services** 

Tel: 416-756-6222 | www.nygh.on.ca

#### **Sick Kids Hospital** Tel: 416-813- 7270 | www.sickkids.on.ca

## Hearing/Speech/Language

#### **Bob Rumball Centre for the Deaf** Community centre and provider of services to the

Deaf community. | Tel: 416-449-9651 TTY: 416-449-2728 | www.bobrumball.org

#### Early Abilities-Speech and Language Serves children birth to 5 years of age.

Assessments, consultations, parenting support, therapy and referrals. Tel: 416-338-8255 | TTY: 416-338-0025 tph.to/earlyabilities

#### **Infant Hearing Program**

Serves children birth to 6 years of age. Provides universal newborn hearing screening, high risk monitoring, audiology assessments, communication development, and family support. www.children.gov.on.ca

#### Medical and Private Services (Citywide)

#### **Community Health Centres**

Physicians, professionals and prevention programs | Tel: 1-866-532-3161 TTY: 1-800-387-5559 www.health.gov.on.ca/en/common/system/ services/chc/

#### **Occupational Therapists**

Tel: 416-214-1177 | www.coto.org

www.toronto.ca/health/peernutrition

#### **Young Parent Resource Centres**

Care & treatment services for young parents & their children

#### **Humewood House Association**

# June Callwood Centre for Women and Families

Massev Centre Tel: 416-425-6348 | www.massey.ca

Tel: 416-438-6880 | www.rosaliehall.com

# Children (CAPC) (Citywide)

living in conditions which may impact on their ability to reach optimal health. | www.realhelp.ca

#### Optometrists

Tel: 1-800-540-3837 | www.eyecareoao.com

#### Physicians/Paediatricians/Specialists Tel: 416-967-2603 | www.cpso.on.ca

**Canadian Association of Speech and Language** 

## Pathologists and Audiologists | www.aslpa.ca Ontario Association of Speech-Language

Pathologists | Tel: 416-920-3676 | www.osla.on.ca

#### **Respite Services**

### **Community Living Toronto**

Lawson: (Ellesmere and McCowan) Residential services for children ages 2-21 with an intellectual disability. Overnights available.

Ennerdale: (Eglinton and Dufferin) Residential services for children ages 2-18 with Autism Spectrum Disorder. Overnights available but not required. | Tel: 647-426-3219 | www.cltoronto.ca

### Safehaven project of Community Living

Residential Services for children ages 0-18 years with multiple disabilities and complex medical care need Tel: 416-535-8525 | www.safehaven.to

#### Geneval Centre for Autism **Evening Respite Groups:**

Serves children ages 2-18 with Autism Spectrum Disorder on a 1 staff 2 child ratio. Operates April-June 3:30-8:30pm.

#### Weekend Respite and Zone Summer Camps:

Serves children ages 6–18 with Autism Spectrum Disorder | Tel: 416 322-7877 x325 | www.autism.net

#### Holland Bloorview Kids Rehabilitation Hospital

Inpatient/overnight residential respite: shortterm, inpatient care for children ages 0- 19 with disabilities or complex medical needs.

Day Respite services: Serves children with a complex physical disability and/or developmental delay. Priority for medically fragile, or children with a secondary diagnosis of Autism Spectrum Disorder. | Tel: 416-425-6220 www.hollandbloorview.ca

#### Respite Services Toronto

Serves children with a developmental and/or physical disability. | Tel: 416 322 6317 x1 www.respiteservices.com/Toronto

#### Specialized In-Home Infant & Child **Developmental Services** (Citywide)

#### Centennial Infant and Child Centre

Serves children ages 0-5 with suspected or diagnosed developmental delays in 2+ or more areas. | Tel: 416-935-0200 x246 | www.cicc.ca

#### Centre Francophone de Toronto

Serves children ages 0-5 who are identified or at risk of a developmental delay and want services in French. | Tel: 416-922-2672 | www.centrefranco.org

#### **Community Living Toronto**

Serves children and youth with developmental disabilities and their families. Tel: 647-426-3219 | www.cltoronto.ca

## Holland Bloorview Kids Rehabilitation Hospital

Serves children ages 0-5 with all diagnoses: physical, at risk, pre-term or neurological. Tel: 416-782-1105 | www.hollandbloorview.ca

#### Local Health Integration Network

Serves children with disabilities who require Pearsonal assistance, Occupational Therapy, Physiotherapy, Social worker and Service Coordination

Tel: 310-2222

Healthcareathome.ca/torontocentral/

#### Mothercraft Parent Infant Program

Serves children ages 0-6 who are at risk biological and psychosocial issues. Tel: 416-364-7373 | www.mothercraft.ca due to

#### **Surrey Place Centre**

Serves children ages 0-5 suspected or diagnosed with developmental disability.

#### Ontario Foundation for Visually Impaired Children

Serves children ages 0-5 with a diagnosis of

# **Woodgreen Community Services: Parent Outreach**

In-home support for parents of children with developmental delays ages 2.5-21. Tel: 416-645-6000 x1163 | www.woodgreen.com

#### **Blind Low Vision Program:**

Children with 20/70 vision acuity in the better eye after correction, Visual field restriction to 20 degrees or less, a physical condition of the visual system that cannot be corrected medically. Tel: 416-338-8255 | TTY: 416-338-0025 tph.to/earlyabilities

#### **Family Health Health Services**

#### **Aboriginal Services**

#### **Native Child and Family Services of Toronto** Tel: 416-969-8510 | www.nativechild.org/

#### **Benefits and Supports**

#### Benefits Canada

Tel: 1-800-622-6232 | www.canadabenefits.gc.ca

#### **Domestic Violence Help**

#### Assaulted Women's helpline

Mobile: #SAFE | www.awhl.org

Free, anonymous, confidential 24/7 crisis counselling, safety planning, emotional support, information and referrals. Tel: 1-866-863-0511 | TTY: 1-866-863-7868

# Food Security and Nutrition (Citywide)

## Breakfast Club

Tel: 905-474-8054 | www.breakfastclubs.ca

## **Foodlink Hotline**

Connections to over 1300 local food programs. Tel: 416-392-6655 www.foodshare.net/foodlink-hotline

## **Francophone Services**

## **Centre Francophone**

Tel: 416-203-1220 x 250 | www.centrefranco.org

#### Tel: 1-866-532-3161 | TTY: 1-800-387-5559 health. www.gov.on.ca/english/public/contact/chc/

Free dental services for children 0-17, adults enrolled in TPH programs, seniors 65+. Tel: 3-1-1 | www.toronto.ca/health/dental/

Tel: 416-224-2273 | www.visioninstitute.optometry.net

## Housing and Shelters

#### **Toronto Community Housing Corporation** Tel: 416-981-5500 | www.torontohousing.ca

# Canada Revenue Agency

# Child Benefit

www.cra-arc.gc.ca/bnfts/menu-eng.html

## Learning Bond Tel: 1-855-737-7252 | www.smartsaver.org

Legal Aid Ontario Tel: 416-979-1446 | Toll-free: 1-800-668-8258

# Tel: 416-925-5141 | www.surreyplace.on.ca

visual impairment with or without additional disabilities. | Tel: 416-925-5141 | www.surreyplace.on.ca

Vision (Citywide)

#### **Mental Health Services**

**Centre for Addiction and Mental Health** Tel: 416-595-6059 | www.camh.net

#### **Connex Ontario**

Free and confidential health services information for people experiencing problems with alcohol, drugs, mental health or gambling Tel: 1-866-531-2600 | www.connexontario.ca

#### **Family Service Toronto**

Provides counselling, support for individuals, couples and families, and support groups Tel: 416-595-9230 | www.familyservicetoronto.org

#### Mental Health Helpline

Free information about mental health services. Available 24/7 in more than 140 languages. Tel: 1-866-531-2600 | www.mhsio.on.ca

#### **Recreation Centres**

#### Park, Forestry and Recreation

Tel: 3-1-1 | www.toronto.ca/parks/

## **Settlement or Immigration Supports**

# OCASI-Settlement

Provides newcomers with information and resources to settle in Ontario, Canada Tel: 416-322-4950 | www.settlement.org

#### **Social Support Programs**

#### **Ontario Disability Support Program** Tel: 416-327-4954 | Toll free: 1-866-340-8881

www.mcss.gov.on.ca/en/mcss/programs/social/odsp

# **Programs for Children**

Free information and referrals to community, health, social services and ethno-specific organizations. Confidential and client-focused services. Available 24/7 in more than 150 languages. Tel: 2-1-1 | www.2110ntario.ca

#### Serves families with children birth to 6 who live in the neighbourhood and surrounding areas and face barriers to accessing services

Tel: 416-394-4635 | www.georgehullcentre.on.ca/

Parents For Better Beginnings (Regent Park) Tel: 416-362-0805 | www.regentparkchc.org

**Highfield Community Enrichment Project** 

highfield-community-enrichment-project

**Better Beginnings, Better Futures** 

## **Child Care**

**Programs** 

Licensend child care, specialized nurseries, centre-based and home-based programs. Tel: 3-1-1 | www.toronto.ca/children/childcare

## Childcare Subsidy - City of Toronto

Provides a child care fee subsidy for the cost of child care for eligible Toronto residents/ employees. Tel: 3-1-1 | www.toronto.ca/children/subsidy.htm

# Provides enhanced services to children, their

families, staff, and providers in licensed child care Tel: 3-1-1 | www.toronto.ca/children/specialneeds

## **Child and Family Support** (Citywide) **EarlyON Child and Family Centres**

parents/caregivers.

www.toronto.ca/community-people/ children-parenting/children-programs-

**Every Child Belongs Program** (Citywide)

Offer free drop-in programs for children up to six years of age and their

www.ontario.ca/page/find-earlyon-childand-family-centre

activities/child-family-programs-and-

Tel: 416-240-1111 | www.etobicokechildren.com

# George Hull Centre (West)

# SickKids Centre for Community Mental

# Tel: 416-632-8703 | www.nygh.on.ca

Tel: 416-813-6582 | www.sickkids.on.ca

# www.yorktownfamilyservices.com

www.whatsupwalkin.ca

Catholic Children's Aid Society Tel: 416-395-1500 | www.torontoccas.org

**Epilepsy Toronto** Serves children who have epilepsy/seizure

#### **Toronto Military Family Resource Centre** Tel: 416-633-6200 | www.familyforce.ca

**Toronto Public Library** Tel: 416-393-7131 | TTY: 416-393-7030 www.torontopubliclibrary.ca

#### Conseil scolaire de district catholique Centre-Sud Tel: 416-397-6564 | www.csdccs.edu.on.ca

**Conseil scolaire Viamonde Sud-Ouest:** 

**Toronto Catholic District School Board** 

**Toronto Public Health** (Citywide)

Tel: 416-222-8282 x 5314 | www.tcdsb.org

Tel: 416-614-0844 | www.csviamonde.ca

**Toronto District School Board** Tel: 416-397-3000 | www.tdsb.on.ca

#### Programs for parents and children prenatal to 6 years. Includes: Breastfeeding Support, Dental, Healthy Babies Healthy Children, Parenting Programs, Peer Nutrition Program, Preschool, Speech & Language Services, Blind/Low Vision, Infant Hearing Program | Tel: 416-338-7600 TTY: 416-392-0658 | www.toronto.ca/health

#### **Toronto Public Health: Peer Nutrition** Tel: 416-338-8395

# Tel: 416-365-1888 | www.junecallwoodcentre.org

**Community Action Program for** 

# Tel: 416-651-5657 | www.humewoodhouse.com

# Families with young children birth to 6 years

# **Community Health Centres**

## chc\_mn.html **Dental Services**

## locations.htm

Vision Institute

#### **Emergency Shelters** Tel: 1-877-338-3398 | www.toronto.ca/housing

# **Income & Child Tax Programs**

Tel: 1-800-387-1193

# Legal Support

www.legalaid.on.ca